

ARMY SHOP

9708 4748

ALL ARMY ACCESSORIES

- CUSTOM DOG TAGS
- CAMOUFLAGE UNIFORMS
- A BOUNDARY
- BARRICADES (CAMOUFLAGE)
- SHIRTLESS JAMMERS
- BUNTING LEAVES & VEHS
- OPONES • BOOTS

14792-T0505

Ph: 9708 4748

6B Chapel Rd Stn, BANKSTOWN

Built in Wardrobes

MASSIVE SAVINGS!!!

Work 1 the Best on Quality, Price & Services

- Built in wardrobes, hinged or sliding doors
- Shower screens, frameless, semi frameless or fully framed
- Two sliding safety mirrored doors
- Four drawers in metal runners with safety stop
- Double hanging space and 1 single hanging space
- Coloured or timber look doors available if preferred (additional cost)

Price Start From **\$599** including GST

12 year warranty

Up to 2.4m wide
Fully installed
at factory prices

Up to 2.7m ceiling high

9792 2233

SHOWROOM OPEN 7 DAYS

Address: 170-172 Stirling Highway, Stirling, Western Australia
Unit 14, 90-91 Anderson St, PERTH, WA

8228-T0505



Dean and Lorin Nicholson enjoying a meal with Bankstown Sports' John Murray and Alex Fulcher during the final leg of their epic journey across Australia

Rattled to pieces

Cycle ride of bind courage

PERTH to Sydney by tandem cycle. Could it be done? Dean and Lorin Nicholson decided to accept the challenge, while raising funds for Blind Vision.

The brothers, who live in Tamworth, suffer from retinitis pigmentosa, (an irreversible condition of the eye, causing a form of tunnel vision). At the moment they have about eight per cent vision and are legally blind.

Along with their sighted companion riders, the Nicholsons left Perth on March 29 for the 4000km epic journey, arriving in Sydney on April 26.

The journey, which the brothers made with two support riders on tandem bikes, creating a world record for the first blind persons crossing Australia on bicycles.

"We've been rattled to pieces," Lorin said.

"Our hands are sore from holding on to the cycle bars for so long and then from there on down the body we are just an absolute mess.

"Dean and I wanted to challenge the public's perception and encourage employers to give a fair go to people who are blind or have low vision.

"We wanted to show the nation that anything is possible when you put your mind to it."

Bankstown Sports donated \$3000 to the cause and hosted the brothers and their

encourage for dinner at the Greenfield Bistro on Sunday – the night before they made their final push in to downtown Sydney. Clubs NSW donated a further \$10,000 to Blind Courage.

Bankstown Sports' president John Murray, who along with director Alex Fulcher dined with the brothers on Sunday, says he was absorbed by their spirit of conviction.

"We have followed their journey since it began and the club felt compelled to lend our support," Mr Murray said.

"It is a massive undertaking to consider a journey like this and the brothers and Vision Australia are a cause we are honoured to be involved with."

little make her day a little BOTTLE

Your local liquor specialist

2\$50 BAILEY'S
Banquet Irish Cream & Flavours 700ml

\$41.99 CONTINENTAL
Continental 700ml

\$31.99 FANGORIA
Fangoria 700ml

\$29.99 MALibu
Malibu 700ml

\$29.99 COCA COLA
Coca Cola 2 Litres

\$29.99 PUSHER 1.85L COME FOR ONLY \$2

\$24.99 Kahlua & Famosa 700ml

\$18.99 DEWITZ
Dutch Malt Whisky 500ml

2\$28 Valedon Vintage 750ml range

\$19.99 J&B
Jan Beem White 6x37.5ml prisms

\$39.99 WB
Whisper Blend 50x750ml cans. Country prices will vary

\$13.99 FREE COOLER BAG
Jascho's Cool Beverage 750ml range

\$4.99 Gossage 750ml
Perfected Konaage Hill & Rosemount Diamond Label 750ml range

\$14.99 Wild Oats 750ml range

\$15.99 Coadphers Chert 750ml range

\$34.99 GOLD
XXXX Gold 2x437.5ml. Country prices will vary

\$33.99 COLD
Cotton Cold 2x437.5ml. Country prices will vary

\$38.99 EXTRA DRY
Honey Extra Dry 2x437.5ml. Country prices will vary

\$39.99 CLEAR
Cotton Clear 2x437.5ml. Country prices will vary

See in store for more Little Bottler specials

Your friends at Little Bottler remind you to drink responsibly. Little Bottler supports the responsible use of alcohol. Alcohol & tobacco not sold to under 18. Specials valid from 5th May to 18th May 2010 or while stocks last. Cash & carry. Some restrictions may apply. All prices include GST. Country prices will vary. A.O.C. Orders restricted to NSW only.

www.littlebottler.com.au

PH: 1800 689 681

BANKSTOWN 'Bankstown Cellars' 10 Marion Street 9796 8921
 BANKSTOWN 'Bankstown Little Bottler' 203 Canterbury Road 9796 4309
 CAMPSIE 'Oasis on Beamish' 165 Beamish Street 9718 1466
 CANTERBURY 'Canterbury Cellars' 2/99 Canterbury Road 9789 1020
 EAST HILLS 'East Hills Cellars Shop 9/31 Mactourin Avenue 9792 2911
 LAKEMBA 'Lakemba Cellars' 109 Holden Street 9759 7515
 LAKEMBA 'Lakemba Hotel' 146 Holden Street 9759 3082
 MILPERRA 'Milperra Winers & Spirits' 2/48-52 Farners Avenue 9771 2892
 PUNCHAOWL 'Punchaowl Little Bottler' Shop 1/1484 Canterbury Road 9791 6114
 PUNCHAOWL 'Punchaowl Hotel' 802 Punchaowl Road 9759 1911
 REGENTS PARK 'Regents Park Cellars' 229 Army Street 9645 1062
 SEFTON 'Sefton Hotel' 54 Clapham Road 9644 2174

Are You An Emotional/ Stress/Boredom/Sweet Eater?

Gastric Banding might not be suitable for you!



Type II diabetes, hypertension and sleep apnoea can be improved/resolved with

LAPAROSCOPIC SLEEVE GASTRECTOMY

Key hole surgery

No band adjustments

SET AND FORGET operation with proven long term results

TO LOSE WEIGHT AND REGAIN LIFE....

Call the LIFE WEIGHT LOSS CENTRE to attend a free seminar or make an appointment.

1300 669 259 www.lifeweightloss.com.au

Level 4, 171 Bigge Street LIVERPOOL 1300 669 259

KEYHOLE SURGERY & BARIATRIC SURGERY
 PSYCHOLOGISTS & DIETITIANS
 EXERCISE PHYSIOLOGIST

Complete Care!

Travertine • Marble

Limestone • Onyx

Granite • Slate

SHOWROOM HOURS

M-F: 8am-5pm Sat: 10am-2pm

96-100 Canterbury Rd, Bankstown NSW 2200

P: 9790 4811 F: 9790 4899

SLABS • TILES