

BANKSTOWN BITES

A Special Feature



**Tania
Mihailuk and
Platform
One's
Antonios
Chayna with
his shish
barak dish.**

Picture:
NICK BLOUKOS

Gnawsome festival

GET ready to tickle your tastebuds at this year's Bankstown Bites Food Festival.

The event, in its sixth year, will showcase some of the city's most traditional, exotic and multicultural food, as well as the talents of Manly's El Toro Loco chef Miguel Maestre and Bankstown Sports Club's Platform One sous chef Tony Chayna.

Mr Maestre has worked in top kitchens across the UK, Spain and Sydney, as well as appearing in several TV series such as *Boys Weekend*.

Mr Chayna arrived at the

sports club in 1999 after working his way through a number of renowned Sydney restaurants.

He will join Mr Maestre on the main stage for demonstrations.

Bankstown Mayor Tania Mihailuk said this year's highlights would include cooking demonstrations and food discovery tours.

"These provide an opportunity for visitors to experience the unique culinary influences within the city of Bankstown," she said.

"Bankstown Bites appeals to both local and metropolitan audiences."

The festival will also feature the launch of the cookbook *Bankstown On A Plate*.

The book will comprise recipes from contestants, judges and advisors involved in the Bankstown Pressure Cooks series.

The event will also feature children's activities, performances and plenty of stalls.

More than 3000 people are expected to attend.

Bankstown Bites will be held on July 31 at South Terrace from 10am.

Details: www.bankstownbites.com.au